

FORGING THE FUTURE:



Visit the NEHC Health Promotion Home Page
<http://www-nehc.med.navy.mil/hp/index.htm>

Friday FACTS

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Click on "Friday Facts"

14 May 1999

"Leadership, Partnership, and Championship"

BRAVO ZULU to 1998 NEHC Health Promotion Command Excellence Award Recipients.

It is exciting to note that we had 6 more awardees this year than last year (28 vs. 22) and that ten (10) of this year's awardees are receiving the Gold Star Award (vs. two (2) last year). The Navy and Marine Corps' Health Promotion Programs keep getting better every year!

Gold Star



Naval Hospital Bremerton
Naval Hospital Camp Lejeune
Naval Hospital Charleston
Naval Hospital Keflavik
Naval Hospital Roosevelt Roads
Naval Medical Center Portsmouth
SIMA, Mayport
USS CLEVELAND
USS ENTERPRISE
USS BOXER

Silver Eagle

Naval Ambulatory Care Center, Newport, RI
Naval Hospital Yokosuka
Quantico Semper Fit Center
RSO San Diego
USS CARL VINSON



Bronze Anchor



Branch Medical Clinic Iwakuni
Branch Medical Clinic Sasebo
Naval Dental Center Norfolk
Naval Hospital GTMO, Cuba
Naval Hospital Lemoore
Naval Hospital Oak Harbor
Naval Hospital Okinawa
Naval Hospital Pensacola
Naval Hospital Rota
3rd Dental BTN., Okinawa
USS BELLEAU WOOD
USS COMSTOCK
USS GEORGE WASHINGTON

MAY IS NATIONAL MENTAL HEALTH MONTH

In recognition of May as Mental Health Month, MHi has a listing of the 1999 Mental Health



Observances. To check it out, visit:

<http://www.mhsource.com/advocacy/observe.html>

Check out our new "Quote of the Week" at

<http://www-nehc.med.navy.mil/hp/index.htm>

The 12 May Healthy Lifestyles Forum
Presentation is now available at:

<http://www-nehc.med.navy.mil/hp/index.htm>

5 A DAY

POSTERS & HANDOUTS!

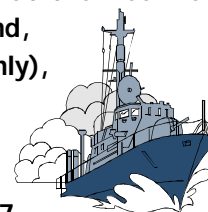
Just added: We've got some new Nutrition Resources 8 1/2" by 11" posters for you to download from our site. We also reformatted some of our other 5 A Day handouts. Click on Nutrition Resources:

<http://www-nehc.med.navy.mil/hp/index.htm>



HEALTH PROMOTION AT THE DECKPLATES

SURFLANT will be offering "HP at the DeckPlate" on 17-18 June, 5-6 August, and, 11-12 September (reservists only). The course will be held at SURFLANT in Norfolk, VA. POC is HMCM Bailey at (757) 836-3077 DSN 836-3077



**You must do the things
you think you can't do!**

Eleanor Roosevelt

